



NDIS Therapeutic Services

Altius Group Holdings (Altius) is a registered NDIS Service Provider of Therapeutic Supports, provided by our exceptional team of Occupational Therapists, Physiotherapists, Psychologists and Rehabilitation Counsellors.

We have a proven track record in delivering evidence-based, individually tailored programs to participants including:

- Physical and Psychological clinical therapy services.
- Functional capacity assessments of daily living activities in the home and community.
- Recommendations for assistive technology and equipment.

We currently provide services to participants across Australia in Queensland, New South Wales, South Australia, Victoria and Tasmania.

Our Approach

Our holistic, individualised and quality approach to our NDIS participants, focusses on **your** life goals, helping you to maximise function and capacity, promote independence and facilitate community engagement.

Focusing on participant engagement with the local community, building on participant relationships with friends, neighbours and local community groups, we enable each participant to set goals for their life and lifestyle, using evidence-based practice to meet their needs and desired outcomes.

Our plans, incorporating each participant's goals, are flexible, responsive to change and individual to the person they aim to support. We believe in our participants and ensure we listen to, and hear, their wishes and desires, assisting them to meet life's challenges with dignity and integrity.



Our services include (but are not limited to):

- ✓ Assessment of physical and psychological function and capacity
- ✓ Activities of daily living assessment and intervention
- ✓ Aids and equipment assessment and recommendation
- ✓ Home Modifications
- ✓ Identifying suitable accommodation/ housing needs (exploring housing options)
- ✓ Carer training to support therapies
- ✓ Psychological assessment and intervention
- ✓ Sensory assessment and intervention
- ✓ Emotional wellbeing assessment and intervention
- ✓ Supporting social engagement
- ✓ Mobility assessment and intervention, including equipment
- ✓ Postural assessment and intervention
- ✓ Safe travel assessment and intervention
- ✓ Cognitive assessment and intervention
- ✓ Communication assessment and treatment

Contact Us

To discuss a quote or service call:

1800 258 487

(ask to speak with NDIS Services)

Or email us at:

disabilityservices@altius-group.com.au

Visit

**[altius-group.com.au/news-and-research/news/
national-disability-insurance-scheme-ndis](https://altius-group.com.au/news-and-research/news/national-disability-insurance-scheme-ndis)**

